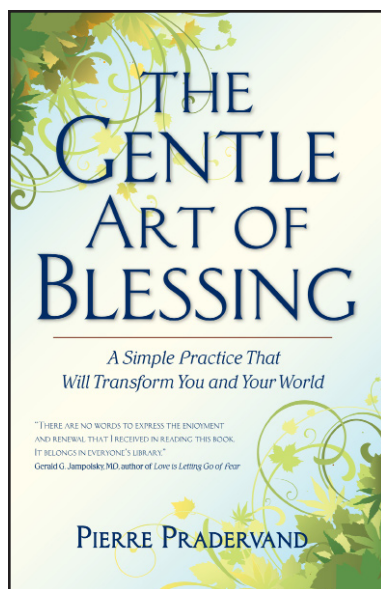


The Gentle Art of Blessing

by
Pierre Pradervand



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Suggested Questions for Pierre Pradervand

1. What, exactly, is blessing? How do you do it?
2. How did you develop your art of blessing?
3. How do you get started blessing?
4. What are some small things that you could bless? How does that help the world?
5. How do you bless something that is scary or threatening? How do you make it genuine?
6. What do other religions say about blessings? Can I bless things if I practice another religion?
7. What if I am a non-religious person? Can I still bless things?
8. In your book you suggest that you should bless everybody including prisoners and terrorists? Isn't that a little naive?
9. How did you meet Roger McGowen, the death row inmate, and how has your friendship with him affected your life?
10. Everyone is familiar with the Golden Rule you discuss in your book. How do the Golden Rule and the art of blessing work together?

Story Ideas

The Holidays: Instead of just giving thanks for the good things that have happened in your life, Pradervand discusses how you can bless the people in your life for a better upcoming year.

The Economy: Pradervand discusses how practicing the art of blessing can help you deal with the crises caused by the economic downturn, and how to move forward with your life.

Stress: Pradervand discusses how practicing the art of blessing can help you overcome stress, and be happier at work and at home.

Peace: Pradervand encourages readers to bless terrorists. In this time of turmoil, he discusses how this practice helps to bring peace to the world and those in it.